



ASASA Newsletter

Ambition Diligence Knowledge



February 2016

Be Kind

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Principal's Message

“ I am Hungry!! 'In a sec I will stop at the drive thru' 'I am Thirsty!' 'Here is a vending machine.' 'I am bored!' 'Use my phone!' The ability to delay gratification is one of the key factors for future success. We have the best intentions — to make our child happy — but unfortunately, we make them happy at the moment but miserable in the long term. To be able to delay gratification means to be able to function under stress. Our children are gradually becoming less equipped to deal with even minor stressors, which eventually become huge obstacles to their success in life.

The inability to delay gratification is often seen in classrooms, malls, restaurants, and toy stores the moment the child hears “No” because parents have taught their child’s brain to get what it wants right away” (<http://deeprootsathome.com/kids-friendless-bored-impatient/>).

This quote aligns closely with our growth mindset initiative. Being able to persevere through a struggle sometimes means we need to practice our patience.

January Events

Literacy Day

Students celebrated Family Literacy Day on January 27th by dressing up as a character from a book. They also read with one another. Some classes also had a parent come read to them. Can you guess which book these students drew inspiration from?



Jump Crew!

A special thanks to Ms. Matlo for bringing in Jump crew. They performed an amazing jump rope routine to inspire our students for Jump Rope for Heart!



Optimism Assembly!

Ms. Vanstone's class did an amazing job hosting our optimism assembly and performed a short play to demonstrate optimism.



Belt Ceremony!

Congratulations to everyone who achieved a new belt level in Martial Arts!



General Reminders

Bus Zone: Please do NOT use the north parking lot between 8:20am—8:30am and 2:55pm—3:10pm. Students are getting on and off the bus at these times and it is unsafe for them when parents try to park there.

Drop off: If you are dropping off your children after 8:30, please make sure to leave the parking lot as quickly as possible to make room for other cars.

Grade 4,5,6: Please be sure to complete the Alberta Education Survey

Marshmallow Igloos!

Ms. Drever's science project on building igloos for polar bears was an excellent way to promote critical thinking!



Monthly Value: Kindness

Mother Theresa is a wonderful example of showing kindness to others, particularly the uncared for, the unwanted, and the unloved. Students will learn more about her as they study what it means to be kind.

Save the Date!

Valentines

Day

Feb 14

We will be having a Valentines Day lunch. Students can order online.

No Classes

Feb 15,16,19

The Academy will be closed on these days for Alberta's teacher's convention

Jump Rope for

Heart

Feb 21

Students will jump ropes in the gym and celebrate the money they raised.

Parent Council

Feb 14

The Parent Council meeting is on February 14th at 5:30 pm.

Report Cards

Mar 9

Term 2 report cards go home.

Classes Resume

Apr 3

First day back after Spring Break.

Parent Council

We are excited to share that we have formed a new parent council and we would like to welcome all new members!

If you would like to communicate with the Parent Council, please contact amy.stobo@asasa.ca .

Interviews

Mar 15.16

Parents meet with teachers regarding student progress from 4:00-7:30 and the 15th and 9:00-12:00 on the 16th

Spring Break

Mar 17-Apr 2

The Academy is closed for Spring Break.

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